

## 1000m1組

| 順位  | Bib | 氏名     | 所属       | Time     | Lap1     | Lap2     | Lap3     |
|-----|-----|--------|----------|----------|----------|----------|----------|
| 1   | 8   | 毛塚 玲土真 |          | 04:22.88 | 00:58.66 | 01:51.54 | 01:32.69 |
| 2   | 4   | 片岡 晴貴  | 代々木山谷小学校 | 04:36.53 | 01:01.14 | 01:53.00 | 01:42.40 |
| 3   | 7   | 牛草 貴博  |          | 04:42.97 | 00:52.61 | 01:56.04 | 01:54.33 |
| 4   | 6   | 牛草 真紀子 |          | 04:50.17 | 01:01.39 | 01:53.91 | 01:54.88 |
| DNS | 1   | 加藤 真緒  |          |          |          |          |          |
| DNS | 2   | 加藤 真奈  |          |          |          |          |          |
| DNS | 3   | 加藤 悠真  |          |          |          |          |          |
| DNS | 5   | 河野 直人  |          |          |          |          |          |
| DNS | 9   | 加藤 拓真  |          |          |          |          |          |

## 1500m1組

| 順位  | Bib | 氏名     | 所属         | Time     | Lap1     | Lap2     | Lap3     | Lap4     |
|-----|-----|--------|------------|----------|----------|----------|----------|----------|
| 1   | 12  | 大津 諒   | 横浜市陸協      | 04:17.61 | 00:51.21 | 01:12.62 | 01:12.02 | 01:01.77 |
| 2   | 10  | 小宮山 昇吾 | ニッポンランナーズ柏 | 04:27.36 | 00:51.36 | 01:11.46 | 01:12.11 | 01:12.43 |
| 3   | 19  | 長岩 芳明  |            | 04:27.87 | 00:53.38 | 01:10.60 | 01:12.50 | 01:11.39 |
| 4   | 11  | 佐々木 大輔 |            | 04:28.02 | 00:53.08 | 01:10.68 | 01:12.64 | 01:11.64 |
| 5   | 14  | 尾方 優作  |            | 04:42.02 | 00:55.24 | 01:16.67 | 01:15.86 | 01:14.26 |
| 6   | 13  | 西澤 和俊  | 東京陸協       | 04:44.00 | 00:54.51 | 01:16.15 | 01:16.64 | 01:16.71 |
| 7   | 15  | 土谷 政利  | カナガワRC     | 04:47.26 | 00:55.99 | 01:17.06 | 01:18.06 | 01:16.17 |
| 8   | 18  | 田畑 一   |            | 04:49.41 | 00:55.57 | 01:18.99 | 01:21.38 | 01:13.49 |
| 9   | 21  | 牛草 博喜  |            | 04:56.33 | 00:58.36 | 01:19.10 | 01:23.28 | 01:15.60 |
| 10  | 24  | 五十嵐 涉  |            | 04:58.20 | 00:59.66 | 01:20.93 | 01:19.31 | 01:18.32 |
| 11  | 20  | 本間 裕也  |            | 05:08.13 | 00:58.17 | 01:20.43 | 01:20.31 | 01:29.23 |
| 12  | 22  | 石田 郁紘  |            | 05:10.73 | 00:58.52 | 01:20.75 | 01:22.88 | 01:28.60 |
| 13  | 23  | 山平 祐寿  | 消防大学校      | 05:12.53 | 01:01.38 | 01:24.49 | 01:26.06 | 01:20.61 |
| 14  | 28  | 伊澤 秀寿  | 横浜市陸協      | 05:12.82 | 01:02.47 | 01:22.51 | 01:24.59 | 01:23.26 |
| 15  | 31  | 太田 良一  |            | 05:15.19 | 01:02.98 | 01:24.50 | 01:27.05 | 01:20.67 |
| 16  | 30  | 中光 和裕  |            | 05:23.15 | 01:03.72 | 01:27.09 | 01:29.05 | 01:23.29 |
| 17  | 33  | 服部 壮一郎 |            | 05:27.36 | 01:02.18 | 01:25.01 | 01:30.55 | 01:29.64 |
| 18  | 34  | 松田 竜磨  |            | 05:36.93 | 01:03.87 | 01:28.10 | 01:33.98 | 01:31.00 |
| 19  | 36  | 土屋 奈緒  |            | 06:16.21 | 01:13.19 | 01:43.22 | 01:42.07 | 01:37.74 |
| 20  | 37  | 山口 勝之  | サンデーケイレンス  | 06:31.97 | 01:13.76 | 01:43.01 | 01:47.84 | 01:47.38 |
| DNS | 16  | 山本 けん  |            |          |          |          |          |          |
| DNS | 17  | 加藤 悠真  |            |          |          |          |          |          |
| DNS | 25  | 齋藤 貴宏  | ニッポンランナーズ  |          |          |          |          |          |
| DNS | 26  | 菅原 淳   | 株式会社デベロップ  |          |          |          |          |          |
| DNS | 27  | 加藤 真緒  |            |          |          |          |          |          |
| DNS | 29  | 竹森 友香  | かしわ        |          |          |          |          |          |
| DNS | 32  | 芳賀 博   |            |          |          |          |          |          |
| DNS | 35  | 指原 慎也  | FoodMate   |          |          |          |          |          |

## 5000m1組

| 順位  | Bib | 氏名     | 所属    | Time     | Lap1     | Lap2     | Lap3     | Lap4     | Lap5     | Lap6     | Lap7     | Lap8     | Lap9     | Lap10    | Lap11    | Lap12    | Lap13    |
|-----|-----|--------|-------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 1   | 97  | 玉木 泉   |       | 21:09.78 | 00:52.47 | 01:46.32 | 01:46.11 | 01:43.82 | 01:46.02 | 01:44.34 | 01:43.97 | 01:43.81 | 01:39.98 | 01:40.23 | 01:37.13 | 01:34.19 | 01:31.46 |
| 2   | 70  | 小川 哲男  |       | 21:37.21 | 00:52.89 | 01:45.49 | 01:45.98 | 01:43.03 | 01:43.31 | 01:42.55 | 01:46.95 | 01:43.50 | 01:41.02 | 01:42.91 | 01:42.74 | 01:44.36 | 01:42.52 |
| 3   | 94  | 小林 英一  |       | 21:42.26 | 00:53.47 | 01:45.64 | 01:45.66 | 01:43.85 | 01:46.52 | 01:44.35 | 01:43.49 | 01:45.73 | 01:47.90 | 01:45.25 | 01:42.96 | 01:41.75 | 01:35.73 |
| 4   | 118 | 鈴木真依   |       | 21:58.61 | 00:53.34 | 01:45.88 | 01:45.98 | 01:43.94 | 01:46.38 | 01:43.89 | 01:44.20 | 01:45.54 | 01:48.12 | 01:46.29 | 01:47.63 | 01:47.75 | 01:39.72 |
| 5   | 103 | 指物 豊仁  | リスタート | 22:23.42 | 00:53.09 | 01:45.63 | 01:46.07 | 01:44.84 | 01:46.37 | 01:44.57 | 01:46.22 | 01:46.31 | 01:50.57 | 01:52.70 | 01:54.81 | 01:50.63 | 01:41.67 |
| 6   | 98  | 横山 照夫  |       | 22:43.27 | 00:55.44 | 01:47.27 | 01:47.41 | 01:49.68 | 01:48.37 | 01:44.99 | 01:49.86 | 01:47.44 | 01:48.57 | 01:49.79 | 01:53.13 | 01:52.09 | 01:49.30 |
| 7   | 111 | 藤井 孝典  |       | 22:55.86 | 00:57.60 | 01:52.46 | 01:47.34 | 01:49.58 | 01:48.21 | 01:47.11 | 01:46.47 | 01:50.36 | 01:50.00 | 01:52.70 | 01:55.59 | 01:54.75 | 01:43.74 |
| 8   | 102 | 森田 英司  |       | 23:38.43 | 00:53.90 | 01:45.88 | 01:45.47 | 01:45.96 | 01:46.11 | 01:48.21 | 01:49.95 | 01:54.56 | 01:57.92 | 02:00.29 | 02:06.30 | 02:12.23 | 01:51.70 |
| 9   | 101 | 赤平 康之  | リスタート | 23:42.45 | 00:55.33 | 01:50.08 | 01:51.55 | 01:52.46 | 01:51.79 | 01:52.39 | 01:53.32 | 01:52.85 | 01:51.98 | 01:51.14 | 01:53.87 | 02:13.63 | 01:52.13 |
| 10  | 105 | 小澤 紀昭  |       | 23:53.31 | 00:52.82 | 01:46.34 | 01:46.50 | 01:43.72 | 01:47.55 | 01:50.54 | 01:54.48 | 02:00.79 | 02:00.54 | 02:01.53 | 02:07.17 | 02:04.82 | 01:56.55 |
| 11  | 108 | 小林 名緒子 | リスタート | 23:58.08 | 00:57.92 | 01:55.45 | 01:54.93 | 01:56.05 | 01:54.64 | 01:56.47 | 01:55.51 | 01:55.41 | 01:55.07 | 01:54.27 | 01:55.54 | 01:57.49 | 01:49.39 |
| 12  | 100 | 石川 彩香  |       | 24:26.64 | 00:54.97 | 01:47.39 | 01:47.72 | 01:49.35 | 01:48.37 | 01:50.94 | 01:56.07 | 02:01.59 | 02:07.28 | 02:09.67 | 02:08.55 | 02:10.46 | 01:54.32 |
| 13  | 109 | 吉川 由紀  |       | 24:36.31 | 00:57.09 | 01:53.71 | 01:55.43 | 01:56.22 | 01:55.49 | 01:57.82 | 01:57.42 | 01:58.66 | 02:05.21 | 02:03.86 | 02:01.68 | 02:00.29 | 01:53.50 |
| 14  | 110 | 小林 威司  |       | 24:37.47 | 00:56.71 | 01:53.65 | 01:55.99 | 01:54.30 | 01:57.36 | 01:56.26 | 01:58.46 | 01:58.33 | 02:04.41 | 02:04.41 | 02:01.99 | 01:59.52 | 01:56.13 |
| 15  | 99  | 石原 直樹  |       | 24:50.94 | 00:58.29 | 01:59.90 | 02:00.54 | 02:00.44 | 01:59.26 | 01:59.63 | 01:59.20 | 02:01.02 | 02:00.25 | 01:59.78 | 01:59.32 | 01:59.32 | 01:54.06 |
| 16  | 115 | 島 彰伸   |       | 27:44.36 | 01:06.02 | 02:14.20 | 02:09.86 | 02:11.20 | 02:12.66 | 02:14.22 | 02:13.41 | 02:14.18 | 02:14.59 | 02:17.51 | 02:17.05 | 02:20.38 | 01:59.13 |
| 17  | 106 | 近内 隆幸  |       | 29:21.13 | 01:02.41 | 02:04.72 | 02:05.10 | 02:09.60 | 02:13.37 | 02:16.77 | 02:22.57 | 02:25.48 | 02:30.22 | 02:33.58 | 02:33.19 | 02:36.89 | 02:27.28 |
| 18  | 116 | 佐藤 誠一郎 |       | 40:06.90 | 01:17.37 | 02:46.13 | 02:51.43 | 03:03.38 | 03:10.97 | 03:22.85 | 03:31.97 | 03:30.46 | 03:35.04 | 03:29.29 | 03:07.85 | 03:20.82 | 02:59.39 |
| DNF | 117 | 斎藤 敏   |       | 22:31.97 | 00:56.99 | 01:47.70 | 01:50.17 | 01:51.95 | 01:49.65 | 01:53.95 | 02:01.69 | 02:05.50 | 02:04.86 | 02:01.19 | 02:08.37 | 02:00.00 |          |
| DNF | 107 | 金織 豊   |       | 14:59.07 | 00:54.09 | 01:45.76 | 01:46.72 | 01:43.54 | 01:45.95 | 01:43.94 | 01:44.61 | 01:46.16 | 01:48.33 |          |          |          |          |
| DNS | 96  | 出川 栄   | リスタート |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| DNS | 104 | 藤原 毅   |       |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| DNS | 112 | 橋本 隆祐  |       |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| DNS | 113 | 栗田 貴之  |       |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| DNS | 114 | 曾川 喜代美 |       |          |          |          |          |          |          |          |          |          |          |          |          |          |          |

## 5000m2組

| 順位 | Bib | 氏名     | 所属        | Time     | Lap1     | Lap2     | Lap3     | Lap4     | Lap5     | Lap6     | Lap7     | Lap8     | Lap9     | Lap10    | Lap11    | Lap12    | Lap13    |
|----|-----|--------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 1  | 63  | 武部 健一  |           | 18:47.75 | 00:47.45 | 01:33.91 | 01:32.70 | 01:29.06 | 01:30.75 | 01:30.43 | 01:30.91 | 01:29.81 | 01:33.71 | 01:31.60 | 01:29.22 | 01:27.66 | 01:20.58 |
| 2  | 67  | 小林 伸一  | リスタート     | 18:56.64 | 00:47.01 | 01:34.31 | 01:31.83 | 01:30.56 | 01:30.79 | 01:29.96 | 01:31.52 | 01:28.86 | 01:34.30 | 01:32.40 | 01:31.10 | 01:31.06 | 01:23.02 |
| 3  | 78  | 三井 一紀  |           | 18:58.52 | 00:47.90 | 01:34.32 | 01:32.31 | 01:29.42 | 01:30.84 | 01:30.41 | 01:31.06 | 01:30.02 | 01:32.78 | 01:32.81 | 01:31.66 | 01:33.58 | 01:21.47 |
| 4  | 73  | 伊澤 愛子  | リスタート     | 19:12.65 | 00:47.91 | 01:33.92 | 01:32.05 | 01:29.54 | 01:30.72 | 01:30.03 | 01:31.97 | 01:32.46 | 01:35.33 | 01:34.46 | 01:34.96 | 01:36.17 | 01:23.18 |
| 5  | 75  | 落合 新   |           | 19:29.91 | 00:47.83 | 01:33.22 | 01:32.51 | 01:34.14 | 01:33.91 | 01:33.33 | 01:33.45 | 01:33.38 | 01:33.88 | 01:33.27 | 01:33.86 | 01:35.41 | 01:31.79 |
| 6  | 64  | 辻 秀憲   | ニッポンランナーズ | 19:48.52 | 00:47.40 | 01:35.57 | 01:32.81 | 01:31.48 | 01:30.39 | 01:31.95 | 01:32.84 | 01:35.73 | 01:42.11 | 01:42.48 | 01:42.20 | 01:34.41 | 01:29.20 |
| 7  | 68  | 衛藤 博志  |           | 19:52.72 | 00:49.54 | 01:37.98 | 01:36.77 | 01:34.76 | 01:37.60 | 01:35.49 | 01:38.04 | 01:35.55 | 01:35.31 | 01:35.78 | 01:35.62 | 01:33.74 | 01:26.61 |
| 8  | 79  | 目黒 一行  |           | 19:54.10 | 00:48.58 | 01:38.82 | 01:36.67 | 01:34.88 | 01:36.76 | 01:35.49 | 01:38.63 | 01:35.20 | 01:36.07 | 01:35.89 | 01:34.70 | 01:34.55 | 01:27.91 |
| 9  | 69  | 殿塚 恭士  |           | 19:57.23 | 00:46.50 | 01:35.95 | 01:32.43 | 01:33.22 | 01:34.26 | 01:33.09 | 01:34.59 | 01:36.12 | 01:38.60 | 01:39.20 | 01:37.52 | 01:39.33 | 01:36.49 |
| 10 | 71  | 笛田 実果子 | ドカベン競走部   | 20:00.38 | 00:49.15 | 01:38.18 | 01:36.98 | 01:34.89 | 01:37.20 | 01:35.42 | 01:37.92 | 01:36.20 | 01:35.57 | 01:36.07 | 01:35.49 | 01:36.16 | 01:31.22 |
| 11 | 81  | 田村 一也  |           | 20:10.95 | 00:50.13 | 01:38.95 | 01:36.61 | 01:35.55 | 01:38.34 | 01:39.41 | 01:36.75 | 01:37.40 | 01:38.28 | 01:38.41 | 01:37.57 | 01:35.41 | 01:28.20 |
| 12 | 76  | 伊澤 秀寿  | 横浜市陸協     | 20:11.99 | 00:49.34 | 01:34.36 | 01:34.73 | 01:37.79 | 01:38.20 | 01:36.06 | 01:39.85 | 01:36.46 | 01:35.29 | 01:42.65 | 01:38.89 | 01:36.40 | 01:32.02 |
| 13 | 87  | 森 美由紀  |           | 20:17.40 | 00:48.85 | 01:38.84 | 01:36.39 | 01:34.86 | 01:37.06 | 01:36.23 | 01:38.97 | 01:40.61 | 01:39.81 | 01:38.33 | 01:37.97 | 01:37.23 | 01:32.29 |
| 14 | 80  | 野村 佳彦  |           | 20:17.85 | 00:48.45 | 01:38.55 | 01:36.77 | 01:34.80 | 01:36.78 | 01:36.07 | 01:38.05 | 01:36.25 | 01:36.18 | 01:38.04 | 01:40.82 | 01:41.14 | 01:35.99 |
| 15 | 84  | 岩崎 友一  | リスタート     | 20:26.71 | 00:47.27 | 01:35.40 | 01:34.67 | 01:36.91 | 01:39.59 | 01:36.93 | 01:38.37 | 01:36.17 | 01:36.27 | 01:40.04 | 01:44.21 | 01:43.01 | 01:37.92 |
| 16 | 90  | 中村 祐輔  |           | 20:30.32 | 00:49.72 | 01:39.14 | 01:37.47 | 01:36.66 | 01:38.35 | 01:40.25 | 01:41.09 | 01:40.84 | 01:41.24 | 01:40.58 | 01:37.75 | 01:37.79 | 01:29.50 |

