1500m1組

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順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4
1	119	安喰 太郎	ハリアーズ	04:22.35	00:52.20	01:13.01	01:10.14	01:07.00
2	101	三田 洸		04:24.71	00:51.24	01:13.94	01:09.87	01:09.68
3	104	古川 涼	参議院事務局	04:34.45	00:51.71	01:14.21	01:16.05	01:12.49
4	102	新井 虎次郎		04:35.52	00:51.28	01:14.18	01:15.96	01:14.11
5	109	宮崎 優	大津ヶ丘中学校	04:40.42	00:52.00	01:16.78	01:18.75	01:12.90
6	107	福田 寛	RRT	04:41.10	00:51.39	01:14.79	01:16.93	01:18.00
7	106	遊佐 慎	GMアスリート	04:45.99	00:56.62	01:17.59	01:19.26	01:12.54
8	108	柳沼 芳孝	戸田市陸協	04:47.93	00:54.95	01:19.12	01:20.08	01:13.79
9	113	江島 改志郎	獅子	04:59.09	00:57.50	01:19.48	01:22.91	01:19.22
10	112	小阪 健介		05:06.97	00:56.98	01:19.45	01:26.13	01:24.42
11	105	笠 健二	国猿	05:07.98	00:51.72	01:16.95	01:29.77	01:29.56
12	114	太田 良一		05:10.90	00:58.05	01:23.22	01:28.88	01:20.77
13	110	岩元 章二	NEC府中	05:17.00	00:54.20	01:23.01	01:28.17	01:31.63
14	118	山内 優		05:21.27	00:57.70	01:23.16	01:29.70	01:30.71
15	116	鈴木 健	ランピース	05:21.67	00:59.36	01:25.43	01:26.31	01:30.58
DNS	103	大久保 弘治郎						
DNS	111	大和田 淳也	筑波ウィンド					
DNS	115	佐藤 良憲						
DNS	117	亀山 幸太郎						

5000m1組

SUUUIII	JOOM 1 (RE																
順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13
1	208	伊藤 千恵		20:19.63	00:49.78	01:38.91	01:39.08	01:39.87	01:38.57	01:39.66	01:40.03	01:38.30	01:35.50	01:36.36	01:33.88	01:35.97	01:33.79
2	224	松坂 泰洋	小金井公園走友会	20:44.15	00:50.42	01:39.44	01:39.33	01:40.49	01:38.24	01:39.13	01:39.86	01:40.23	01:40.88	01:40.98	01:41.12	01:39.69	01:34.40
3	207	西村 京子		20:44.20	00:49.91	01:38.91	01:39.84	01:39.83	01:38.48	01:38.77	01:35.11	01:36.83	01:39.17	01:42.85	01:46.02	01:47.34	01:31.20
4	213	塚本 祐美		20:54.18	00:50.70	01:39.38	01:39.45	01:40.16	01:38.61	01:39.37	01:39.84	01:41.00	01:42.00	01:43.68	01:43.45	01:45.08	01:31.54
5	214	井上 良幸		21:09.39	00:49.46	01:39.73	01:39.70	01:40.34	01:38.53	01:39.45	01:40.87	01:41.29	01:43.34	01:45.18	01:46.00	01:44.88	01:40.68
6	223	塩原 努		21:17.97	00:51.29	01:42.58	01:45.45	01:44.34	01:43.09	01:41.05	01:43.23	01:43.13	01:43.86	01:43.94	01:38.13	01:38.68	01:39.26
7	228	岩佐 徹	e A東京	21:25.88	00:52.28	01:43.59	01:44.39	01:43.93	01:43.55	01:40.66	01:42.98	01:43.07	01:43.64	01:44.05	01:42.80	01:42.59	01:38.41
8	218	福嶋 敏夫		21:26. 18	00:49.54	01:39.99	01:39.67	01:40.41	01:40.33	01:43.21	01:43.17	01:45.50	01:46.45	01:47.88	01:47.05	01:44.38	01:38.68
9	210	軸丸 真二		21:30.71	00:49.72	01:39.22	01:40.22	01:39.71	01:38.84	01:39.00	01:42.09	01:43.46	01:48.44	01:48.70	01:50.83	01:50.14	01:40.41
10	209	藤川 達司		21:32.86	00:50.51	01:39.93	01:39.34	01:40.55	01:38.72	01:40.59	01:44.06	01:46.37	01:49.13	01:48.85	01:49.68	01:46.50	01:38.69
11	204	神保 康彦	チームアールエルプラス	21:40.98	00:49.25	01:39.45	01:39.81	01:40.25	01:38.54	01:39.26	01:40.45	01:42.28	01:50.24	01:55.71	01:55.58	01:54.18	01:36.05
12	211	天野 英二郎		21:48.73	00:49.38	01:39.12	01:39.94	01:39.74	01:38.49	01:40.40	01:43.97	01:46.43	01:49.18	01:52.21	01:54.76	01:54.15	01:41.01
13	202	那須 正和	常昇RISE	21:52.00	00:48.77	01:39.63	01:39.97	01:39.88	01:38.49	01:39.13	01:40.79	01:40.55	01:47.50	01:56.84	01:55.44	01:57.47	01:47.61
14	220	松津 徹	リスタート	21:52.65	00:52.63	01:45.95	01:46.68	01:46.07	01:45.95	01:44.16	01:45.49	01:45.87	01:45.02	01:45.97	01:47.20	01:44.62	01:37.11
15	231	中村 端寿	ゆるい相州健児	21:59.36	00:52.22	01:46.30	01:46.51	01:45.75	01:45.95	01:44.47	01:45.22	01:46.20	01:45.11	01:48.81	01:49.43	01:47.29	01:36.18
16	216	出川 栄	リスタート	22:00.50	00:50.21	01:40.75	01:39.57	01:40.97	01:41.19	01:44.58	01:46.45	01:47.56	01:51.09	01:50.65	01:49.34	01:50.39	01:47.81
17	212	大園 敦司		22:06.07	00:51.71	01:44.40	01:44.38	01:44.30	01:43.31	01:40.65	01:46.68	01:46.59	01:48.02	01:50.94	01:50.81	01:46.98	01:47.33
18	233	平山 貴史		22:15.88	00:50.20	01:39.46	01:39.45	01:40.22	01:40.33	01:45.63	01:46.94	01:48.50	01:52.69	01:55.29	01:55.88	01:56.44	01:44.90
19	229	糸川 周作		22:21.71	00:55.04	01:52.99	01:49.29	01:50.25	01:50.40	01:50.56	01:50.72	01:50.04	01:49.10	01:50.18	01:36.00	01:45.93	01:31.27
20	225	大浦 孝史	リスタート	22:31.17	00:50.73	01:43.71	01:45.18	01:44.27	01:43.50	01:42.68	01:48.91	01:49.74	01:52.56	01:53.31	01:53.84	01:52.71	01:50.08
21	219	川原 徹也		22:47.62	00:50.01	01:40.34	01:39.23	01:41.27	01:40.55	01:45.20	01:46.38	01:47.48	01:55.76	02:00.82	02:04.25	02:07.20	01:49.19
22	226	那須野 りえ		23:10.39	00:53.93	01:51.85	01:46.21	01:48.84	01:47.64	01:49.21	01:52.81	01:54.89	01:53.79	01:54.41	01:54.17	01:52.64	01:50.05
23	227	奥村 桃子		23:31.90	00:54.51	01:51.08	01:46.38	01:48.61	01:48.05	01:49.24	01:51.43	01:55.64	01:56.30	02:00.92	02:02.93	02:01.73	01:45.16
24	234	福富 好重	リスタート	24:16.70	00:55.21	01:53.64	01:52.23	01:56.59	01:58.29	02:00.09	01:59.13	01:58.07	01:58.73	01:58.54	01:58.58	01:57.89	01:49.76
25	205	久慈 直樹	橋本走友会	25:23.93	00:49.40	01:50.00	01:50.23	01:49.03	01:50.88	01:54.59	02:13.26	02:15.90	02:11.55	02:10.36	02:16.42	02:09.70	02:02.66
DNS	201	元木 めぐみ															
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DNS	203	栗田 正彦	湘南RS						
DNS	206	田中 真之介							
DNS			箱根ヶ崎走人						
DNS		羽山 宏輔	三郷市						
DNS	221	仲山 恵美							
DNS	222	藤井 孝典							
DNS	230	三浦 順							
DNS		伊郷 恵次							
DNS	235	徳野 みゆき							

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DUUUMZ																	
順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13
1	301	細田 義之	多摩川クラブ	18:22.95	00:41.83	01:24.93	01:27.59	01:27.43	01:26.99	01:26.36	01:28.63	01:29.62	01:29.84	01:31.60	01:31.33	01:30.59	01:26.27
2	308	長谷川 翔		18:37.62	00:45.86	01:28.93	01:30.49	01:28.89	01:29.56	01:27.24	01:28.15	01:28.43	01:28.49	01:29.25	01:30.37	01:32.84	01:29.18
3	305	山崎 絵里子	AQRC	18:43.95	00:42.61	01:29.68	01:30.07	01:28.74	01:29.73	01:29.45	01:28.53	01:30.39	01:29.57	01:30.40	01:32.29	01:31.83	01:30.73
4	319	福井 翔		18:49.62	00:45.81	01:33.42	01:29.71	01:31.13	01:31.15	01:30.68	01:30.55	01:30.78	01:31.07	01:31.35	01:29.47	01:30.26	01:24.28
5	315	川西 美穂		18:50.43	00:40.17	01:26.27	01:27.93	01:29.53	01:29.63	01:30.30	01:31.44	01:32.08	01:32.25	01:32.85	01:34.11	01:34.36	01:29.57
6	313	木村 哲		18:51.87	00:45.67	01:33.28	01:29.91	01:30.98	01:31.15	01:30.19	01:30.86	01:30.63	01:31.09	01:31.36	01:29.59	01:30.44	01:26.77
7	312	又村 清和		18:52.82	00:45.30	01:33.54	01:30.15	01:31.17	01:30.90	01:30.57	01:30.77	01:30.86	01:30.79	01:31.28	01:31.10	01:30.01	01:26.44
8	314	岸田 吉史		18:53.04	00:46.39	01:32.97	01:29.96	01:31.02	01:31.33	01:30.40	01:30.55	01:30.90	01:30.96	01:31.44	01:29.47	01:30.65	01:27.07
9	302	浅倉 和史	SUB3PJT	18:58.66	00:42.93	01:31.59	01:30.32	01:29.28	01:29.17	01:28.70	01:30.56	01:31.32	01:32.56	01:33.38	01:35.04	01:34.73	01:29.16
10	317	田代 紀子	e A東京	19:00.07	00:45.35	01:33.52	01:29.95	01:31.18	01:31.00	01:30.59	01:30.82	01:30.61	01:31.53	01:31.43	01:32.72	01:34.97	01:26.46
11	303	吉田 和彦	小鳥キッス	19:00.11	00:41.74	01:30.33	01:31.09	01:29.60	01:29.71	01:27.79	01:28.16	01:28.52	01:30.78	01:35.51	01:38.76	01:38.00	01:30.17
12	311	名知 哲也		19:10.41	00:46.79	01:31.35	01:29.66	01:31.02	01:30.47	01:31.16	01:30.96	01:31.17	01:31.37	01:33.02	01:36.43	01:35.43	01:31.63
13	310	青海 理人		19:12.68	00:43.11	01:31.59	01:30.29	01:29.25	01:29.24	01:31.06	01:33.26	01:33.58	01:34.41	01:36.74	01:38.65	01:38.07	01:23.49
14	324	近藤 瞳		19:17.41	00:48.02	01:33.77	01:32.86	01:32.88	01:33.97	01:31.65	01:33.35	01:32.75	01:33.12	01:33.63	01:34.29	01:33.00	01:24.18
15	328	宮本 淳		19:29.20	00:49.85	01:36.76	01:34.06	01:36.41	01:35.63	01:35.39	01:33.30	01:33.08	01:33.72	01:34.20	01:31.56	01:31.53	01:23.76
16	316	渋下 賢		19:33.52	00:48.34	01:36.79	01:34.87	01:36.72	01:35.64	01:35.33	01:33.26	01:33.08	01:33.99	01:34.61	01:32.18	01:31.91	01:26.89
17	340	三好 雅史	リスタート	19:38.95	00:47.20	01:33.81	01:33.43	01:33.81	01:34.06	01:32.72	01:34.35	01:35.78	01:35.98	01:35.53	01:35.06	01:34.83	01:32.43
18	326	西谷 茂章	BSRC	19:45.44	00:47.93	01:34.08	01:32.81	01:33.65	01:34.52	01:33.76	01:34.58	01:34.95	01:35.85	01:37.92	01:36.32	01:37.34	01:31.78
19	304	佐々木 大輔		19:46.13	00:45.66	01:33.63	01:30.20	01:31.00	01:31.16	01:30.36	01:31.29	01:31.64	01:35.60	01:42.87	01:42.70	01:45.28	01:34.82
20	321	正木 裕美		19:47.77	00:47.25	01:34.11	01:32.34	01:33.59	01:33.57	01:31.92	01:33.03	01:32.87	01:33.58	01:33.72	01:40.18	01:48.93	01:32.75
21	322	石川 修一		19:50.32	00:48.56	01:36.66	01:34.55	01:37.24	01:35.59	01:35.54	01:36.50	01:37.29	01:36.52	01:35.15	01:34.71	01:35.08	01:26.99
22	320	吉村 孝喜		19:52.59	00:48.89	01:33.76	01:32.84	01:33.95	01:35.11	01:33.21	01:35.50	01:37.10	01:37.16	01:38.01	01:37.72	01:37.94	01:31.46
23	329	三澤 いずみ	オーリンゲン	19:52.84	00:49.40	01:36.86	01:34.64	01:36.66	01:35.65	01:35.72	01:35.93	01:38.01	01:36.25	01:35.16	01:35.18	01:34.06	01:29.38
24	333	佐々木 雅典		19:54.58	00:49.07	01:36.84	01:35.33	01:36.67	01:35.61	01:35.74	01:36.45	01:37.41	01:36.69	01:35.47	01:34.53	01:35.04	01:29.79
25	327	山木 宏記	自由の風AC	20:03.09	00:45.90	01:34.90	01:33.14	01:33.98	01:33.93	01:34.38	01:36.33	01:38.49	01:38.52	01:41.46	01:39.45	01:42.70	01:29.97
26	332	遠藤 雅広		20:15.17	00:49.05	01:36.58	01:35.09	01:36.77	01:35.68	01:35.65	01:35.79	01:38.09	01:36.81	01:40.93	01:43.99	01:45.32	01:25.49
27	331	高野 聡之	富士吉田	20:16.95	00:48.42	01:36.52	01:34.71	01:36.67	01:35.93	01:36.16	01:36.96	01:38.15	01:38.92	01:42.52	01:42.35	01:40.95	01:28.77
28	330	大熊 高広		20:30.98	00:49.96	01:37.34	01:37.27	01:39.41	01:37.60	01:38.21	01:39.39	01:40.39	01:39.06	01:38.48	01:40.24	01:42.84	01:30.84
29	336	佐藤 貴康	青木農機具店	20:36.69	00:46.88	01:34.13	01:32.57	01:33.83	01:33.53	01:38.02	01:44.06	01:44.97	01:44.06	01:45.05	01:44.29	01:42.29	01:33.07
30	338	山田 英彦	トップギア	21:21.45	00:47.09	01:34.14	01:33.21	01:33.88	01:34.88	01:41.66	01:49.63	01:49.78	01:49.36	01:51.25	01:52.26	01:47.88	01:36.49
31	334	斉藤 拓也		22:15.04	00:47.44	01:34.73	01:33.30	01:33.64	01:34.83	01:41.20	01:46.39	01:49.88	01:56.96	02:03.36	02:02.98	02:01.05	01:49.35
DNF	309	渕脇 勝志		08:48.34	00:49.56	01:35.85	01:34.91	01:36.54	01:35.97	01:35.54							
DNS	306	佐藤 智明															
DNS	307	木内 博之	JTF														
DNS	318	永藤 竜也	$T \cdot T - AC$														
DNS	323	平野 達也	ランビッツ														
DNS	325	伊藤 章浩															
DNS	335	仲宗根 一															
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DNS	338 山田 英彦	トップギア						
DNS	339 高橋 明実							

5000m3組

順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13
1	402	山内 俊輔		16:24.21	00:42.40	01:20.28	01:19.39	01:21.01	01:20.14	01:18.79	01:18.03	01:18.91	01:18.50	01:17.50	01:18.40	01:16.33	01:14.58
2	401	井上 宏一郎		16:37.77	00:40.81	01:21.56	01:19.36	01:20.99	01:20.54	01:18.85	01:18.29	01:19.17	01:18.18	01:17.71	01:20.79	01:22.58	01:18.98
3	423	宮部 和行		16:46.13	00:41.80	01:21.54	01:21.65	01:22.04	01:22.07	01:21.30	01:20.65	01:20.59	01:19.72	01:19.73	01:21.62	01:19.60	01:13.90
4	406	北崎 翔馬		16:46.99	00:41.26	01:20.88	01:19.02	01:21.03	01:20.83	01:19.00	01:18.12	01:19.27	01:20.12	01:22.72	01:24.93	01:24.06	01:15.82
5	407	八木沼 修一	荻窪病院	17:04.95	00:40.53	01:21.07	01:19.55	01:21.12	01:20.36	01:18.99	01:18.23	01:19.33	01:23.40	01:26.99	01:26.40	01:26.05	01:23.01
6	411	畠野 裕史		17:06.53	00:41.82	01:21.74	01:21.15	01:22.07	01:22.03	01:21.26	01:21.58	01:20.95	01:22.56	01:23.91	01:24.14	01:23.25	01:20.12
7	403	岩田 貴一	川崎市陸上競技協会	17:09.00	00:42.09	01:22.02	01:20.86	01:22.22	01:22.09	01:20.88	01:21.91	01:20.99	01:21.99	01:24.00	01:24.00	01:23.00	01:23.00
8	409	山田 慎也	ジェンス	17:13.79	00:42.72	01:23.25	01:24.04	01:23.61	01:23.27	01:25.10	01:24.06	01:22.33	01:18.73	01:21.72	01:23.59	01:23.96	01:17.47
9	418	松岡 泰宏	ジョギング同好会相	17:14.66	00:42.40	01:22.07	01:21.38	01:21.90	01:21.82	01:21.46	01:23.57	01:24.14	01:24.00	01:25.77	01:24.56	01:23.15	01:18.50
10	425	新坂 新		17:22.26	00:43.39	01:22.54	01:23.64	01:23.82	01:23.52	01:24.32	01:24.27	01:23.72	01:24.48	01:25.54	01:26.52	01:25.00	01:11.56
11	408	冨永 尚宏	エアラン東京	17:27.45	00:42.38	01:21.20	01:21.17	01:21.84	01:21.97	01:21.33	01:23.06	01:25.92	01:26.21	01:27.17	01:27.75	01:26.89	01:20.62
12	422	小出 直人	みなみ野	17:32.81	00:42.96	01:22.40	01:24.09	01:23.71	01:23.50	01:24.57	01:22.89	01:24.52	01:24.92	01:25.71	01:25.84	01:26.30	01:21.46
13	427	鈴木 直人	多摩川サブ3会	17:33.41	00:42.87	01:22.64	01:23.56	01:23.58	01:23.60	01:24.67	01:23.91	01:23.47	01:24.52	01:25.70	01:25.53	01:25.86	01:23.57
14	421	畑中 拓一	(株) 明治	17:34.89	00:42.72	01:22.86	01:24.42	01:23.31	01:23.59	01:24.83	01:23.99	01:23.20	01:24.48	01:25.65	01:26.36	01:26.84	01:22.70
15	405	古川 涼	参議院事務局	17:51.08	00:39.55	01:22.35	01:19.24	01:21.32	01:23.11	01:26.75	01:28.75	01:30.55	01:32.73	01:32.23	01:29.76	01:28.49	01:16.32
16	413	小林 荘一郎	小金井おじさん練習	17:53.20	00:43.27	01:22.79	01:22.74	01:23.46	01:23.21	01:23.83	01:25.53	01:25.15	01:27.93	01:30.23	01:28.87	01:31.96	01:24.28
17	419	小西 宏明		17:56.26	00:41.08	01:22.27	01:20.56	01:23.09	01:22.46	01:23.91	01:27.70	01:29.55	01:28.86	01:30.96	01:31.68	01:30.40	01:23.81
18	415	雨宮 俊祐		17:58.64	00:42.17	01:22.27	01:21.15	01:21.73	01:22.95	01:25.39	01:30.54	01:31.38	01:31.62	01:33.98	01:32.29	01:26.10	01:17.14
19	417	田中 清明	エアラン東京	18:01.36	00:44.20	01:22.80	01:23.66	01:24.11	01:25.58	01:27.95	01:29.45	01:28.80	01:29.57	01:29.65	01:28.12	01:28.13	01:19.40
20	430	菊地 雅矢		18:08.70	00:46.38	01:29.06	01:27.41	01:26.48	01:26.82	01:28.10	01:28.03	01:27.63	01:27.15	01:28.25	01:29.16	01:28.16	01:16.13
21	416	田代 淳	e A東京	18:21.12	00:43.64	01:24.28	01:26.81	01:26.98	01:26.32	01:27.46	01:26.75	01:28.18	01:29.18	01:30.72	01:30.14	01:31.31	01:29.41
22	420	矢澤 文朗	トップギア	18:30.75	00:42.85	01:22.15	01:24.71	01:23.27	01:23.68	01:24.44	01:24.50	01:24.11	01:30.28	01:39.63	01:39.36	01:38.58	01:33.25
23	432	田村 一也	埼玉南走友会	18:32.17	00:46.51	01:28.66	01:28.09	01:26.35	01:27.27	01:27.41	01:28.43	01:27.68	01:28.87	01:32.42	01:31.99	01:31.87	01:26.69
24	426	榊原 守智	東京都	18:52.39	00:45.45	01:29.54	01:28.38	01:27.00	01:28.78	01:29.62	01:31.46	01:32.17	01:32.39	01:34.52	01:31.93	01:33.47	01:27.73
25	429	岩元 章二	NEC府中	19:33.95	00:45.12	01:30.24	01:30.25	01:30.29	01:31.08	01:31.48	01:35.04	01:35.78	01:37.62	01:37.03	01:39.06	01:39.74	01:31.28
DNS	404	箱崎 怜															
DNS	410	岡村 崇志															
DNS	412	佐藤 昌志	川越走友会														
DNS	414	武田 和則	JALGS														
DNS	428	渡辺 鉄平															
DNS	431	森 孝博															
DNS	433	吉田 豊															
DNS	434	根元 香苗	青春ランナーズ														