

1500m1組

順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4
1	119	安喰 太郎	ハリアーズ	04:22.35	00:52.20	01:13.01	01:10.14	01:07.00
2	101	三田 光		04:24.71	00:51.24	01:13.94	01:09.87	01:09.68
3	104	古川 涼	参議院事務局	04:34.45	00:51.71	01:14.21	01:16.05	01:12.49
4	102	新井 虎次郎		04:35.52	00:51.28	01:14.18	01:15.96	01:14.11
5	109	宮崎 優	大津ヶ丘中学校	04:40.42	00:52.00	01:16.78	01:18.75	01:12.90
6	107	福田 寛	R R T	04:41.10	00:51.39	01:14.79	01:16.93	01:18.00
7	106	遊佐 慎	G M アスリート	04:45.99	00:56.62	01:17.59	01:19.26	01:12.54
8	108	柳沼 芳孝	戸田市陸協	04:47.93	00:54.95	01:19.12	01:20.08	01:13.79
9	113	江島 改志郎	獅子	04:59.09	00:57.50	01:19.48	01:22.91	01:19.22
10	112	小阪 健介		05:06.97	00:56.98	01:19.45	01:26.13	01:24.42
11	105	笠 健二	国猿	05:07.98	00:51.72	01:16.95	01:29.77	01:29.56
12	114	太田 良一		05:10.90	00:58.05	01:23.22	01:28.88	01:20.77
13	110	岩元 章二	N E C 府中	05:17.00	00:54.20	01:23.01	01:28.17	01:31.63
14	118	山内 優		05:21.27	00:57.70	01:23.16	01:29.70	01:30.71
15	116	鈴木 健	ランピース	05:21.67	00:59.36	01:25.43	01:26.31	01:30.58
DNS	103	大久保 弘治郎						
DNS	111	大和田 淳也	筑波ウィンド					
DNS	115	佐藤 良恵						
DNS	117	亀山 幸太郎						

5000m1組

順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13
1	208	伊藤 千恵		20:19.63	00:49.78	01:38.91	01:39.08	01:39.87	01:38.57	01:39.66	01:40.03	01:38.30	01:35.50	01:36.36	01:33.88	01:35.97	01:33.79
2	224	松坂 泰洋	小金井公園走友会	20:44.15	00:50.42	01:39.44	01:39.33	01:40.49	01:38.24	01:39.13	01:39.86	01:40.23	01:40.88	01:40.98	01:41.12	01:39.69	01:34.40
3	207	西村 京子		20:44.20	00:49.91	01:38.91	01:39.84	01:39.83	01:38.48	01:38.77	01:35.11	01:36.83	01:39.17	01:42.85	01:46.02	01:47.34	01:31.20
4	213	塚本 祐美		20:54.18	00:50.70	01:39.38	01:39.45	01:40.16	01:38.61	01:39.37	01:39.84	01:41.00	01:42.00	01:43.68	01:43.45	01:45.08	01:31.54
5	214	井上 良幸		21:09.39	00:49.46	01:39.73	01:39.70	01:40.34	01:38.53	01:39.45	01:40.87	01:41.29	01:43.34	01:45.18	01:46.00	01:44.88	01:40.68
6	223	塩原 努		21:17.97	00:51.29	01:42.58	01:45.45	01:44.34	01:43.09	01:41.05	01:43.23	01:43.13	01:43.86	01:43.94	01:38.13	01:38.68	01:39.26
7	228	岩佐 徹	e A 東京	21:25.88	00:52.28	01:43.59	01:44.39	01:43.93	01:43.55	01:40.66	01:42.98	01:43.07	01:43.64	01:44.05	01:42.80	01:42.59	01:38.41
8	218	福嶋 敏夫		21:26.18	00:49.54	01:39.99	01:39.67	01:40.41	01:40.33	01:43.21	01:43.17	01:45.50	01:46.45	01:47.88	01:47.05	01:44.38	01:38.68
9	210	軸丸 真二		21:30.71	00:49.72	01:39.22	01:40.22	01:39.71	01:38.84	01:39.00	01:42.09	01:43.46	01:48.44	01:48.70	01:50.83	01:50.14	01:40.41
10	209	藤川 達司		21:32.86	00:50.51	01:39.93	01:39.34	01:40.55	01:38.72	01:40.59	01:44.06	01:46.37	01:49.13	01:48.85	01:49.68	01:46.50	01:38.69
11	204	神保 康彦	チームアールエルプラス	21:40.98	00:49.25	01:39.45	01:39.81	01:40.25	01:38.54	01:39.26	01:40.45	01:42.28	01:50.24	01:55.71	01:55.58	01:54.18	01:36.05
12	211	天野 英二郎		21:48.73	00:49.38	01:39.12	01:39.94	01:39.74	01:38.49	01:40.40	01:43.97	01:46.43	01:49.18	01:52.21	01:54.76	01:54.15	01:41.01
13	202	那須 正和	常昇RISE	21:52.00	00:48.77	01:39.63	01:39.97	01:39.88	01:38.49	01:39.13	01:40.79	01:40.55	01:47.50	01:56.84	01:55.44	01:57.47	01:47.61
14	220	松津 徹	リスタート	21:52.65	00:52.63	01:45.95	01:46.68	01:46.07	01:45.95	01:44.16	01:45.49	01:45.87	01:45.02	01:45.97	01:47.20	01:44.62	01:37.11
15	231	中村 端寿	ゆるい相州健児	21:59.36	00:52.22	01:46.30	01:46.51	01:45.75	01:45.95	01:44.47	01:45.22	01:46.20	01:45.11	01:48.81	01:49.43	01:47.29	01:36.18
16	216	出川 栄	リスタート	22:00.50	00:50.21	01:40.75	01:39.57	01:40.97	01:41.19	01:44.58	01:46.45	01:47.56	01:51.09	01:50.65	01:49.34	01:50.39	01:47.81
17	212	大園 敦司		22:06.07	00:51.71	01:44.40	01:44.38	01:44.30	01:43.31	01:40.65	01:46.68	01:46.59	01:48.02	01:50.94	01:50.81	01:46.98	01:47.33
18	233	平山 貴史		22:15.88	00:50.20	01:39.46	01:39.45	01:40.22	01:40.33	01:45.63	01:46.94	01:48.50	01:52.69	01:55.29	01:55.88	01:56.44	01:44.90
19	229	糸川 周作		22:21.71	00:55.04	01:52.99	01:49.29	01:50.25	01:50.40	01:50.56	01:50.72	01:50.04	01:49.10	01:50.18	01:36.00	01:45.93	01:31.27
20	225	大浦 孝史	リスタート	22:31.17	00:50.73	01:43.71	01:45.18	01:44.27	01:43.50	01:42.68	01:48.91	01:49.74	01:52.56	01:53.31	01:53.84	01:52.71	01:50.08
21	219	川原 徹也		22:47.62	00:50.01	01:40.34	01:39.23	01:41.27	01:40.55	01:45.20	01:46.38	01:47.48	01:55.76	02:00.82	02:04.25	02:07.20	01:49.19
22	226	那須野 りえ		23:10.39	00:53.93	01:51.85	01:46.21	01:48.84	01:47.64	01:49.21	01:52.81	01:54.89	01:53.79	01:54.41	01:54.17	01:52.64	01:50.05
23	227	奥村 桃子		23:31.90	00:54.51	01:51.08	01:46.38	01:48.61	01:48.05	01:49.24	01:51.43	01:55.64	01:56.30	02:00.92	02:02.93	02:01.73	01:45.16
24	234	福富 好重	リスタート	24:16.70	00:55.21	01:53.64	01:52.23	01:56.59	01:58.29	02:00.09	01:59.13	01:58.07	01:58.73	01:58.54	01:58.58	01:57.89	01:49.76
25	205	久慈 直樹	橋本走友会	25:23.93	00:49.40	01:50.00	01:50.23	01:49.03	01:50.88	01:54.59	02:13.26	02:15.90	02:11.55	02:10.36	02:16.42	02:09.70	02:02.66
DNS	201	元木 めぐみ															

[illegible]

5000m2組

順位	Bib	氏名	所属	Time	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13
1	301	細田 義之	多摩川クラブ	18:22.95	00:41.83	01:24.93	01:27.59	01:27.43	01:26.99	01:26.36	01:28.63	01:29.62	01:29.84	01:31.60	01:31.33	01:30.59	01:26.27
2	308	長谷川 翔		18:37.62	00:45.86	01:28.93	01:30.49	01:28.89	01:29.56	01:27.24	01:28.15	01:28.43	01:28.49	01:29.25	01:30.37	01:32.84	01:29.18
3	305	山崎 絵里子	A Q R C	18:43.95	00:42.61	01:29.68	01:30.07	01:28.74	01:29.73	01:29.45	01:28.53	01:30.39	01:29.57	01:30.40	01:32.29	01:31.83	01:30.73
4	319	福井 翔		18:49.62	00:45.81	01:33.42	01:29.71	01:31.13	01:31.15	01:30.68	01:30.55	01:30.78	01:31.07	01:31.35	01:29.47	01:30.26	01:24.28
5	315	川西 美穂		18:50.43	00:40.17	01:26.27	01:27.93	01:29.53	01:29.63	01:30.30	01:31.44	01:32.08	01:32.25	01:32.85	01:34.11	01:34.36	01:29.57
6	313	木村 哲		18:51.87	00:45.67	01:33.28	01:29.91	01:30.98	01:31.15	01:30.19	01:30.86	01:30.63	01:31.09	01:31.36	01:29.59	01:30.44	01:26.77
7	312	又村 清和		18:52.82	00:45.30	01:33.54	01:30.15	01:31.17	01:30.90	01:30.57	01:30.77	01:30.86	01:30.79	01:31.28	01:31.10	01:30.01	01:26.44
8	314	岸田 吉史		18:53.04	00:46.39	01:32.97	01:29.96	01:31.02	01:31.33	01:30.40	01:30.55	01:30.90	01:30.96	01:31.44	01:29.47	01:30.65	01:27.07
9	302	浅倉 和史	S U B 3 P J T	18:58.66	00:42.93	01:31.59	01:30.32	01:29.28	01:29.17	01:28.70	01:30.56	01:31.32	01:32.56	01:33.38	01:35.04	01:34.73	01:29.16
10	317	田代 紀子	e A 東京	19:00.07	00:45.35	01:33.52	01:29.95	01:31.18	01:31.00	01:30.59	01:30.82	01:30.61	01:31.53	01:31.43	01:32.72	01:34.97	01:26.46
11	303	吉田 和彦	小鳥キッス	19:00.11	00:41.74	01:30.33	01:31.09	01:29.60	01:29.71	01:27.79	01:28.16	01:28.52	01:30.78	01:35.51	01:38.76	01:38.00	01:30.17
12	311	名知 哲也		19:10.41	00:46.79	01:31.35	01:29.66	01:31.02	01:30.47	01:31.16	01:30.96	01:31.17	01:31.37	01:33.02	01:36.43	01:35.43	01:31.63
13	310	青海 理人		19:12.68	00:43.11	01:31.59	01:30.29	01:29.25	01:29.24	01:31.06	01:33.26	01:33.58	01:34.41	01:36.74	01:38.65	01:38.07	01:23.49
14	324	近藤 瞳		19:17.41	00:48.02	01:33.77	01:32.86	01:32.88	01:33.97	01:31.65	01:33.35	01:32.75	01:33.12	01:33.63	01:34.29	01:33.00	01:24.18
15	328	宮本 淳		19:29.20	00:49.85	01:36.76	01:34.06	01:36.41	01:35.63	01:35.39	01:33.30	01:33.08	01:33.72	01:34.20	01:31.56	01:31.53	01:23.76
16	316	渋谷 賢		19:33.52	00:48.34	01:36.79	01:34.87	01:36.72	01:35.64	01:35.33	01:33.26	01:33.08	01:33.99	01:34.61	01:32.18	01:31.91	01:26.89
17	340	三好 雅史	リスタート	19:38.95	00:47.20	01:33.81	01:33.43	01:33.81	01:34.06	01:32.72	01:34.35	01:35.78	01:35.98	01:35.53	01:35.06	01:34.83	01:32.43
18	326	西谷 茂章	BSRC	19:45.44	00:47.93	01:34.08	01:32.81	01:33.65	01:34.52	01:33.76	01:34.58	01:34.95	01:35.85	01:37.92	01:36.32	01:37.34	01:31.78
19	304	佐々木 大輔		19:46.13	00:45.66	01:33.63	01:30.20	01:31.00	01:31.16	01:30.36	01:31.29	01:31.64	01:35.60	01:42.87	01:42.70	01:45.28	01:34.82
20	321	正木 裕美		19:47.77	00:47.25	01:34.11	01:32.34	01:33.59	01:33.57	01:31.92	01:33.03	01:32.87	01:33.58	01:33.72	01:40.18	01:48.93	01:32.75
21	322	石川 修一		19:50.32	00:48.56	01:36.66	01:34.55	01:37.24	01:35.59	01:35.54	01:36.50	01:37.29	01:36.52	01:35.15	01:34.71	01:35.08	01:26.99
22	320	吉村 孝喜		19:52.59	00:48.89	01:33.76	01:32.84	01:33.95	01:35.11	01:33.21	01:35.50	01:37.10	01:37.16	01:38.01	01:37.72	01:37.94	01:31.46
23	329	三澤 いずみ	オーリンゲン	19:52.84	00:49.40	01:36.86	01:34.64	01:36.66	01:35.65	01:35.72	01:35.93	01:38.01	01:36.25	01:35.16	01:35.18	01:34.06	01:29.38
24	333	佐々木 雅典		19:54.58	00:49.07	01:36.84	01:35.33	01:36.67	01:35.61	01:35.74	01:36.45	01:37.41	01:36.69	01:35.47	01:34.53	01:35.04	01:29.79
25	327	山木 宏記	自由の風 A C	20:03.09	00:45.90	01:34.90	01:33.14	01:33.98	01:33.93	01:34.38	01:36.33	01:38.49	01:38.52	01:41.46	01:39.45	01:42.70	01:29.97
26	332	遠藤 雅広		20:15.17	00:49.05	01:36.58	01:35.09	01:36.77	01:35.68	01:35.65	01:35.79	01:38.09	01:36.81	01:40.93	01:43.99	01:45.32	01:25.49
27	331	高野 聡之	富士吉田	20:16.95	00:48.42	01:36.52	01:34.71	01:36.67	01:35.93	01:36.16	01:36.96	01:38.15	01:38.92	01:42.52	01:42.35	01:40.95	01:28.77
28	330	大熊 高広		20:30.98	00:49.96	01:37.34	01:37.27	01:39.41	01:37.60	01:38.21	01:39.39	01:40.39	01:39.06	01:38.48	01:40.24	01:42.84	01:30.84
29	336	佐藤 貴康	青木農機具店	20:36.69	00:46.88	01:34.13	01:32.57	01:33.83	01:33.53	01:38.02	01:44.06	01:44.97	01:44.06	01:45.05	01:44.29	01:42.29	01:33.07
30	338	山田 英彦	トップギア	21:21.45	00:47.09	01:34.14	01:33.21	01:33.88	01:34.88	01:41.66	01:49.63	01:49.78	01:49.36	01:51.25	01:52.26	01:47.88	01:36.49
31	334	斉藤 拓也		22:15.04	00:47.44	01:34.73	01:33.30	01:33.64	01:34.83	01:41.20	01:46.39	01:49.88	01:56.96	02:03.36	02:02.98	02:01.05	01:49.35
DNF	309	淵脇 勝志		08:48.34	00:49.56	01:35.85	01:34.91	01:36.54	01:35.97	01:35.54							
DNS	306	佐藤 智明															
DNS	307	木内 博之	JTF														
DNS	318	永藤 竜也	T・T-A C														
DNS	323	平野 達也	ランビッツ														
DNS	325	伊藤 章浩															
DNS	335	仲宗根 一															

